

NDIS Services Across the Lifespan – Service List

DIRECT THERAPY SERVICES

PURPOSE: To determine the most effective and convenient treatment options to optimise participant goals and outcomes.

TYPE OF THERAPY	DELIVERY OPTIONS	BENEFITS
1:1	<ul style="list-style-type: none"> • In clinic • Home visit • School visit • Workplace visit • Remote digital access (e.g. Telehealth video calls using Zoom) 	<p>Our therapy team delivers Speech Therapy, Physiotherapy, Occupational Therapy and Psychology services for babies, children and adolescents.</p> <p>We aim to develop a therapy program that is individualised, fun, motivating and tailored to meet the needs of your family.</p> <p>1:1 therapy sessions between the family and a therapist are ideal to focus on a specific area of your child’s needs and reduce distractions, which can be beneficial initially. Therefore, sessions can be delivered in a setting that best suits your family, whether it be in the clinic, at home or at school for example.</p>
Small Groups	<ul style="list-style-type: none"> • TBC term-based programs • Holiday Programs • Other 	<p>Small group-based sessions involve the therapists working with three to four clients simultaneously.</p> <p>The clients are grouped with similar needs and goals.</p> <p>These group-based therapy sessions are ideal for socialisation and interaction in a semi-private environment and are a cost-effective method for more regular therapy intervention.</p>
Joint Sessions	<ul style="list-style-type: none"> • Multiple therapists 	<p>In addition to constantly communicating as a therapy team, our therapists can work together in a joint therapy session with your child. This would involve ideally two (sometimes three) therapists being present in the one session and simultaneously working to optimise the therapy goals of your child.</p> <p>This is ideal for convenience and time efficiency and also aims to promote a more intensive therapy approach.</p>
Equipment Prescription	<ul style="list-style-type: none"> • As needed 	<p>We work closely with your family, carers and support network to provide support and expertise in the prescription of equipment that leads to greater independence and functional capacity of your child.</p>

INDIRECT COLLABORATIVE SERVICES

PURPOSE: For effective communication and upskilling of all members of the participant's support network to achieve real and meaningful goals across all contexts.

SERVICE TYPE	DELIVERY OPTIONS	BENEFITS
Transdisciplinary Team Meeting	<ul style="list-style-type: none"> • Therapy team meetings • Complete care team meetings - in house and external • NDIS planning meeting 	<p>We believe that teamwork is essential to achieve the best outcome for yourself, your child or your family member.</p> <p>Our team of therapists work together to share their knowledge and skills across disciplines to ensure the best possible results are achieved.</p> <p>Transdisciplinary team meetings are an effective way of communicating as a team to develop practical skills and strategies with the key people involved in your child or family member's care.</p>
Network Upskilling	<ul style="list-style-type: none"> • Carer upskilling/education via telehealth or face to face. • Home program design / AHA program development and transfer • Teacher upskilling/education • School program design • Video education 	<p>Our therapists work not only with your child or family member, but also with the key people in their lives.</p> <p>We aim to involve the family, carers, teachers and educators and other health professionals to share advice and strategies for continuity of care.</p> <p>Our team can establish programs for the home, school or work environment that reflect your family member's goals and build on their strengths. We will also work to educate and upskill the key people in the participant's life to carry out these programs.</p>
School Meetings	<ul style="list-style-type: none"> • Scheduled school meetings • IEP meetings 	<p>Attendance at regular school-based team meetings or specifically IEP meetings are an effective method to communicate between your child, yourself, teachers and therapists. This ensures the goals of your child are</p>

		optimised in a flexible, positive and consistent environment.
Reports	<ul style="list-style-type: none"> • Supporting Evidence Reports • Plan Review Reports • Behaviour management reporting • Assistive technology trial/ purchase reports. • Change in circumstances report • Other- requested by the NDIA 	<p>It is a requirement under the NDIS that provider's supply a report to each participant that demonstrates the outcomes achieved as a result of the support provided.</p> <p>This will include a summary of the support provided e.g. the therapy received by the participant, how it assisted them to work towards their goals, any barriers or risk identified and further recommendations for ongoing services.</p>
Miscellaneous resources	<ul style="list-style-type: none"> • Resource (electronic/ hardcopy) creation that requires > 15 minutes of personal tailoring and adjustments. • This resource must also be delivered by the therapist and requires some level of education to be put into use. 	<p>The development of personal and tailored resources will be created by your therapist to supplement your therapy goal.</p> <p>The therapist will discuss the allocated amount of time required to create and transfer this resource. It is up to you whether you chose to include this in your plan.</p>